



Life Force Cancer Foundation Newsletter

Life Force Cancer Foundation Recent News

“Poetry & Prose” event is on again....

Preparations for our next fundraiser are well under way and we have a great line up of guest presenters for you this year. Stay posted for more info in the coming months when we will be sending out invitations and raffle tickets to you.

Join our guests as they share with us their favourite works

- Bessie Bardot
- Lucy Bell
- Arthur Dignam
- Drew Forsythe
- Linda Jaivin
- Rebecca Smart
- MC – Lisa Forrest

Sunday August 5th 2007, 1.30pm for 2.00pm

**The Wharf Theatre, Pier 4 Hickson Road
Walsh Bay, Sydney**

TICKETS \$80
including complimentary drinks on arrival and canape afterwards

Please visit our website to download the early bird booking form and book your tickets today.

PATIENTS & CARERS RETREATS 2007

August 31—September 2, November TBA

RETREAT FOR HEALTH CARE PROFESSIONALS 2007

Dates to be advised

For bookings or inquiries contact Caro: (02) 9564 3289

Acknowledgements

The Foundation would like to acknowledge the following people for their recent donation.

- | | |
|---|---------------------------------------|
| Sue Adler | Bethany Hetherington |
| Avis Australia | Neal Hogg |
| J. Bentzen | Suzanne Houweling |
| Lee Binion | Lisa Humphries |
| Vicki Bishop | Angel Ioannou |
| Maria Callaghan | Hasti Kalarostaghi |
| Callagher Estate Agency | Janice Lam |
| Pamela Chalmers | Denise Lavell |
| Jann Chambers | Bruce Lay |
| Agnes Chan | Lawrence Bennett Portelli |
| Leandra Coffey | Mary Maraz |
| Barry Conyngham | Stephanie Maraz |
| Maree D'arcy | Nicole Murray |
| Di Davis | Gabrielle Prentice |
| Joan de Carvalho | Peter Phelan |
| Richard de Carvalho | Nigel Richardson |
| Geoffrey Downes | Annabel Ritchie |
| Vivienne Emson in memory
of Robin Hildebrand | Kerry Robertson |
| Margaret Finlay | Mark Ryan |
| Peter John Raymond Forbes | Anne Schofield Antiques,
Woollahra |
| Richard Galey | Ron Smith |
| Cary Giezekamp | Jody Somogy |
| Alexa Gilbert-Obrart | Leona Watson |
| Jane Gillespie | Anni Wilson |
| Gleebooks of Glebe | Robin Woods |
| Marian Grinden | Gianni Zappala |
| Aurora Hammond | Valerie Zurek |
| Liz Harry | |
| Ian Henderson | |



Support Groups 2007 Term Dates

EASTERN SUBURBS

Meets Monday 5.45pm – 7.45pm
St Josephs Parish Centre
10 Albert Street, Edgecliff
Telephone: 9564 3289

Term 2: 23 Apr – 25 June (10 weeks)
Term 3: 16 Jul – 17 Sept (10 weeks)
Term 4: 08 Oct – 10 Dec (10 weeks)

INNER WEST

Meets Thursday 5.45pm – 7.45pm
Annandale Neighbourhood Centre
79 Johnston Street, Annandale
Telephone: 9564 3289

Term 2: 26 Apr – 28 June (10 weeks)
Term 3: 19 Jul – 20 Sept (10 weeks)
Term 4: 11 Oct – 13 Dec (10 weeks)

FAMILY & CARERS GROUP**

Meets Tuesday 5.45pm – 7.45pm
Annandale Neighbourhood Centre
79 Johnston Street, Annandale
Telephone: 9564 3289

Term 2: 24 Apr – 26 June (10 weeks)
Term 3: 17 Jul – 18 Sept (10 weeks)
Term 4: 09 Oct – 11 Dec (10 weeks)

Book Launch

Jane Gillespie, one of our counsellors and co-facilitators of support groups and retreats, launched her book, 'Journey to Me', on 24th March this year. Jane donated \$100 to Life Force from sales of her book at the launch and will continue to donate a percentage from all sales. Many thanks to Gleebooks for providing the venue and staff for this event at no cost.



'Journey to Me' is an intensely personal account of Jane's experience dealing with the terrifying diagnosis and disease of cancer. It traces her journey from diagnosis to surviving survival and her present day remission and fulfilling new life.

It is a starkly honest account of her cancer experience and provides a roadmap to others travelling through similar uncharted and therefore frightening territory.

Jane tells it like it is, recounting the terrifying reality of trying to do it alone. She literally reached breaking point before she discovered the healing power of sharing her deepest feelings with others who could understand. Today, she credits belonging to a Life Force support group with saving her life.

Professor Michael Friedlander, one of our Patrons, has this to say about Jane's book:

"I am sure that many people with cancer will find this book to be a valuable resource; it shows that they are not alone. It demonstrates how it is possible to find a way through the darkness and seemingly insurmountable barriers.

There are lessons to be learned for the medical community. What comes through is how important communication is, as well as detailed information about treatment, its rationale and potential side effects.

This is a story of hope and achievement and Jane's book will help many people find their way during a difficult journey."

If you would like to read Jane's story and help raise more funds for Life Force, you can buy 'Journey to Me' at Gleebooks or through www.janegillespie.net.

Entertainment Book 2007/2008

The brand new 2007/2008 Entertainment™ Books for Sydney are on sale now for \$60 and are bigger and better than ever.

The Entertainment™ Book is your guide to the best restaurants, hotel accommodation, attractions, sports and leisure activities... all with 25% to 50% off or 2-for-1 offers. Plus, new this year, My Bookings™ ... Compare rates, check availability and book your accommodation on-line. Valid until June, 2008, and featuring many of the area's best businesses, they are sure to sell out fast.

Purchase your Entertainment™ Book NOW to receive over \$10,000 in valuable offers, valid through June 1st, 2008.



At the same time, you'll be helping the Life Force Foundation support cancer patients and their families!

Check out the Entertainment™ Books website for more information on the many well known businesses providing valuable offers in the new Sydney Entertainment™ Books.

<http://www.entertainmentbook.com.au>

June Appeal

A one-off or continuing donation can be made to Life Force Cancer Foundation. Simply contact us on 02 9568 0747.

LIFE FORCE FOUNDATION LIMITED

ABN: 61 068 056 682 CFN: 15707 DGR: 428809

Tel: 02 9568 0747 Fax: 02 8354 0096 Email: info@lifeforce.org.au Web: www.lifeforce.org.au